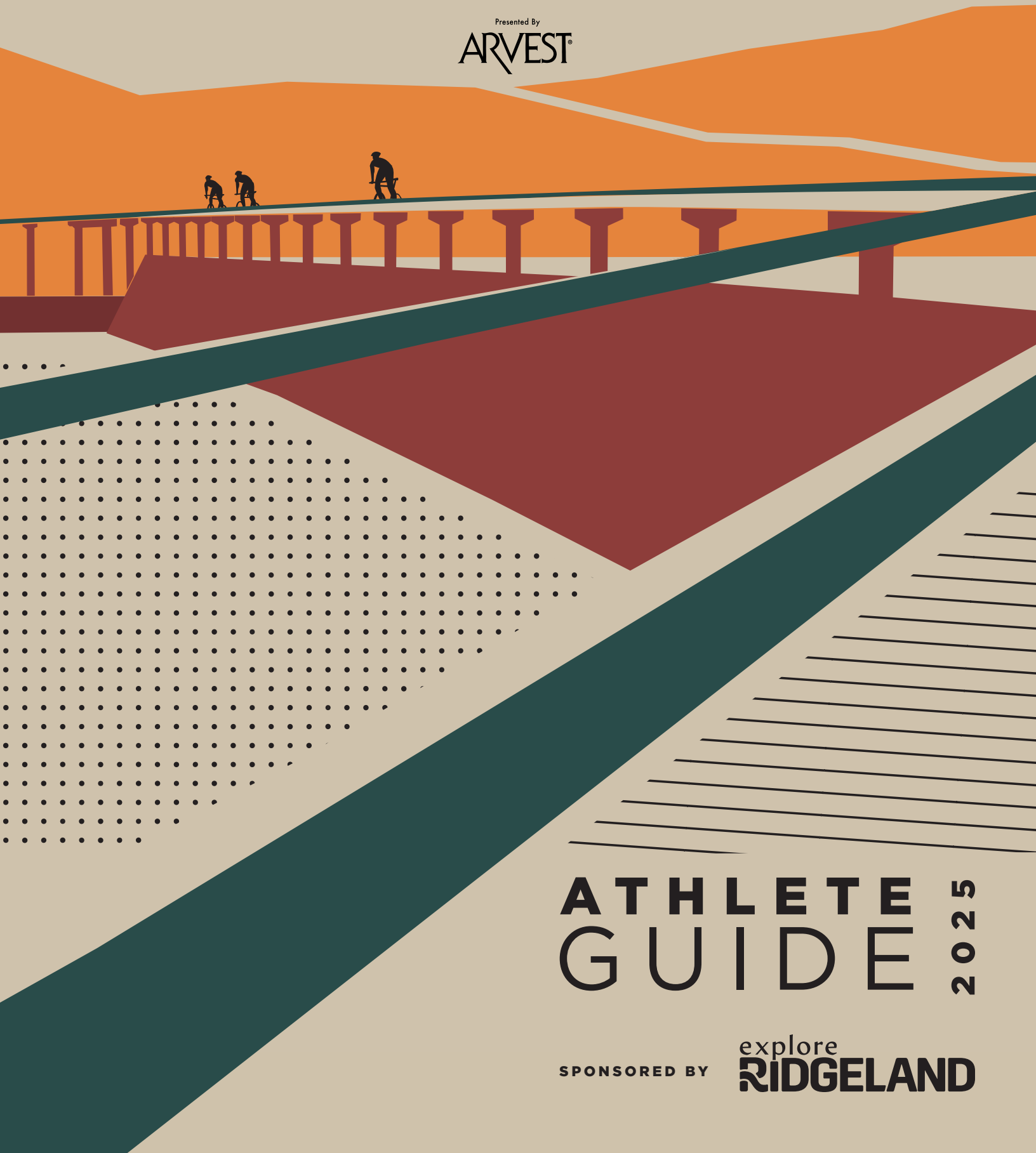


2025 | 20 YEARS

BIG DAM
BRIDGE **100**

Presented By
ARVEST



**ATHLETE
GUIDE** 2025

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Friday
09.26

EXPO/PACKET PICK-UP — 11AM-9PM

STATEHOUSE CONVENTION CENTER HALL 3
101 EAST MARKHAM, LITTLE ROCK, AR

- Items you will need at Packet Pick-up: Photo ID
- Packet Pick-up for Pre-registered riders
- On-site registration
- Vendor expo – Cycling clothing available for pre-order pick up and purchase
- Official Big Dam Bridge merchandise and other items for sale
- Snack bar

GEARS AND BEERS — 6-8PM

DICKEY-STEPHENS PARK
400 W. BROADWAY, NORTH LITTLE ROCK, AR

Registered athletes are invited to enjoy this free evening of celebration featuring delicious appetizers, refreshing drinks, live music, and plenty of good vibes. It's the perfect way to connect, unwind, and get ride-ready!

Big thanks to the 2025 sponsor of Gears and Beers....Forvis Mazars! This is Forvis Mazars fourth year in sponsoring this great event. Thank you to this great sponsor and supporter of the BDB100!

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Saturday
09.27

BIG DAM BRIDGE 100 STAGING/START LINE — 5:30 AM-6:55 AM

RIDE START TIMES AND LOCATION:

WE USE A PACE-BASED CORRAL START SYSTEM FOR STAGING.

The pace-based corrals are set up so that you will be positioned with riders that are of your similar riding pace.

• **PARKING:** The Big Dam Bridge 100 has secured the following lots for this event:

- Dickey Stephens (Corner of North Broadway and West Broadway, North Little Rock)
- US Bank (1 Riverfront Drive, North Little Rock)
- Municipal League (301 W. 2nd, North Little Rock)
- There is also plenty of on-street parking in downtown North Little Rock. If you are staying in one of our hotels, you are within a short ride of the start line on the corner of Riverfront Drive and Willow in North Little Rock.

• **BAG DROP:** On Saturday morning, we will be at the start line for you to drop items starting at 6 am. All bags will be available when you are finished, at the finish line on Saturday starting at 9 am.

• **PORT-A-JOHNS NEAR START:** There will be port-a-johns along the start area on the side of Riverfront Drive in a couple of locations for your convenience. Additionally, there will be more port-a-johns inside the main entrance to Riverfront Park (Willow and Riverfront), at the start line. This is where the Finale' Fest is located.

PARKING MAP



5:30AM: STAGING FOR ALL CORRALS OPENS ALL CORRALS ARE ON RIVERFRONT DRIVE

6:55AM START FOR TANDEM AND BDB CHARTER

MEMBERS **ORANGE CORRAL**

- Access from Riverfront Drive and Willow

7AM START FOR THE **BLUE CORRAL**

- Access from Riverfront Drive and Riverfront Place

7AM START FOR THE **YELLOW CORRAL**

- Access from Poplar and Riverfront Drive

7AM START FOR THE **PURPLE CORRAL**

- Access from Poplar or Riverfront Drive

7AM START FOR THE **GREEN CORRAL**

- Access from Poplar or Riverfront Drive

7AM START FOR THE **RED CORRAL**

- Access from Riverfront Drive west to Olive Street.
Entrance behind seawall in Riverfront Park

LATE STARTS:

Please be on time for the start. We have strict closure time on the roads in North Little Rock and Little Rock. Once all of the Corral have left, the streets will be reopened to traffic. NO LATE STARTS.

HELMETS:

Helmets are required to be worn by all participants.

LAW ENFORCEMENT, ON-COURSE SUPPORT:

All major intersections are scheduled to be staffed by law enforcement. For the most part riders are to be provided the right-of-way through the intersections. You should ride with your head up and obey any instructions coming from law enforcement, emergency service personnel, or event staff. Depending on traffic flow, you may be requested to stop. We here at the BDB 100 value providing a safe environment for you to participate within. But it is also your responsibility to help us with riding safely.

COURSE INFORMATION:

Course Maps and Turn by Turn Directions are available here: <https://www.thebigdambridge100.com/event-info/course-details>

RIDE DISTANCE SPLITS AND CUT OFF TIMES:

- The 75/105 and the 50 split is located at mile 16, (intersection of Pinnacle Valley road and Hwy 300). Access to the 75/105 course will close at 9:00am. Riders coming to this location after 9:00am will be turned onto the 50-mile route.
- The 75 and 105 Split is located at mile 29 on the 105-mile route (at the intersection of Hwy 10 and Hwy 113). Access to the 105-mile course will close at 10:15am. Riders coming to this location after 10:15am will be turned onto the 75-mile course.

COURSE MARKINGS:

- We make significant efforts to provide a well-marked course so it is easy to follow. We cannot be in all places at all times and occasionally we have vandalism on the course, where signs are stolen, damaged or changed. If you're unfamiliar with the course it is recommended that you download the course (GPX file) into your phone or GPS-enabled device.

PRODUCTS AT AID STATIONS:

- Not all stations will have all products. There are aid stations for your refreshment and restroom needs. PLEASE MAKE SURE YOU ARE RESPECTFUL OF ALL RIDERS AND MAKE ROOM FOR BIKES AND PEOPLE AROUND EACH AID STATION!
- Water, Tailwind Nutrition Endurance Fuel Sports Drink
- Fruit, peanut butter and jelly sandwiches, pickles, cookies, granola bars and more....

15-MILE RIDE:

- This is a family friendly ride and the riders will be able to access an aid station at approximately 9 miles

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26-MILE RIDE:

- Riders will have access to 3 aid stations along the 26-mile route
- 26-mile riders will cross the Big Dam Bridge on the return at 19 miles

50-MILE RIDE:

- The first aid station will be in Two Rivers Park at roughly 11 miles.
- The second aid station will be at mile 16 in Roland.
- The third station (20 miles) is the Roland Station again, after doing the 300/Roland cut off loop.
- 50-mile riders will return to the Two Rivers park Station at 42 Miles
- 50-mile riders will cross the Big Dam Bridge at roughly 44 miles.
- 50-mile riders will access the Burns Park aid Station at 46 miles.

75-MILE RIDE:

- Aid Stations located roughly 10-12 miles apart
- All Riders must clear the Two Rivers Park Aid Station (at mile 62) by 3:30pm. Those not clearing this station by 3:30 will be provided a shuttle bus ride back to the finish area. All Law enforcement personnel between

Station Two Rivers and Burns Park will be released at 4:00pm.

- 75-mile riders will cross the Big Dam Bridge at roughly 67 miles.
- All riders must clear Burns Park Aid Station, by 4:00pm (at mile 70). Those not clearing this station by 4pm will be provided a shuttle bus ride back to the finish area.
- Finish line officially closes at 4:30pm. All law enforcement personnel between Burns Park and finish line will be released at 4:30pm.

105-MILE RIDE:

- Aid Stations are located approximately 10 - 12 miles apart
- All Riders must clear the Two Rivers Park Aid Station, (at mile 93) by 3:30pm. Those not clearing this station by 3:30 will be provided a shuttle bus ride back to the finish area. All Law enforcement personnel between Station Two Rivers and Burns Park will be released at 4:00pm.
- 105-mile riders will cross the Big Dam Bridge at roughly 98 miles.
- All riders must clear Burns Park Aid Station, (at mile 100) by 4:00pm. Those not clearing this station by 4pm will be provided a shuttle bus ride back to the finish area.
- Finish line officially closes at 4:30pm. All law enforcement personnel between Burns Park and finish line will be released at 4:30pm.

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BIG DAM BRIDGE 100 AID STATIONS

STATION #	LOCATION	105-MILE RIDE AID STATION (MILES)	75-MILE RIDE AID STATION (MILES)	50-MILE RIDE AID STATION (MILES)	26-MILE RIDE AID STATION (MILES)	15-MILE RIDE AID STATION (MILES)	USED FOR	STATION CLOSES
Station #1	2 Rivers Park	11	11	11	11	~~~~	26, 50, 75, 105	3:30PM
50 mile split from 75/105	50 Mile Split	16	16	16	~~~~	~~~~	ALL TO 50 AFTER	9AM
Station #2	Hwy 10	20	20	~~~~	~~~~	~~~~	75, 105	9:20AM
Station #3	Hwy 113	29	28	~~~~	~~~~	~~~~	75, 105	11:00AM
75 & 105 Split	BDB Last Stand	29	29	~~~~	~~~~	~~~~	ALL TO 75 AND AFTER	10:15AM
Station #4	Thornburg	41	~~~~	~~~~	~~~~	~~~~	105	11:30AM
Station #5	Houston	53	~~~~	~~~~	~~~~	~~~~	105	12:30PM
Station #6	Wye	65	35	~~~~	~~~~	~~~~	75, 105	1:30PM
Station #7	Roland	80	50	22/30	~~~~	~~~~	50/75/105	2:30PM
Station #8	2 Rivers Park	93	62	42	15	~~~~	26/50/75/105	3:30PM
Station #9	Burns Park	101	71	47	21	11	ALL DISTANCES	4PM
Finish Area	FINISH LINE	105	75	51	26	15	ALL DISTANCES	4:30PM



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FINISHER MEDALS:

- Custom finisher medals will be provided to all riders who cross the finish line.
- There will be a tent at the entrance to the Finale' Fest area. Please be sure to stop in to receive your medal.

ON COURSE EMERGENCY MEDICAL SUPPORT:

- It is recommended that you carry a cell phone with you. If you come across an accident or serious injury on the road, please call 911. If it is a non-emergency, please use the Big Dam Bridge 100 HOTLINE at (501) 340-6911.

SAG AND MECHANICAL ASSISTANCE ON THE COURSE:

- If you need help on the course and you are not near a law enforcement officer, radio operator, aid station personnel or event staff, please call the Big Dam Bridge 100 HOTLINE at (501) 340-6911. Please be prepared to provide your name, bib number, phone number and location. If needed, emergency services can be dispatched. We ask that spectators refrain from using the number to find friends and family on the course. We will not be tracking rider locations.

NON-EMERGENCY ASSISTANCE:

- If you or someone you see needs minor medical attention, please notify a law enforcement officer, one of our radio operators, aid station personnel or event staff. Medical assistance may be dispatched. We ask, if you're injured and still able to ride safely, please proceed to the closest aid station for assistance.

COURSE NOTES:

- The 75-mile and 105-mile routes will both descend off Wye Mt. on Ross Hollow Rd. There is an approximately 6-mile section that has several tight downhill curves. This area is scheduled to be signed with large signs denoting this. For your safety, we ask that you please control your speed through this section.

SAVE THE DATE
BIG DAM BRIDGE 100
SEPT. 26, 2026

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Saturday
09.28



FINALE FEST 8:30 AM — 4:30 PM

NORTH LITTLE ROCK RIVERFRONT PARK

The location is adjacent to the Start Line inside the Grand Entrance to the River Trail at the end of Willow Street at Riverfront Drive in North Little Rock.

ATHLETE SERVICES:

- The post-events area will have secure bike parking.
- We will have complimentary food and drinks. In addition, there will be snacks, energy drinks, bottled water and food trucks.
- “Bikes & Bites” is a finish line event from 8-10am for all 15 and 26 mile riders. Breakfast will be served.
- Complimentary massage available. Tips accepted.
- Each rider over the age of 21 is entitled to 2 free beers. Beer tickets are distributed at the entrance to Finale Fest. Riders will have the option to purchase additional beers for \$5 each.

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On behalf of the entire BDB 100 event staff,
we hope that you have an enjoyable and safe ride.

Bruce Dunn
BDB 100 Event Director

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32.4619,
-90.1931

Natchez
Trace Parkway

scenic route

Time to hit the trails! Need a hand
finding the right place to stay? We
can help at exploreRidgeland.com.



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We believe all communities deserve a financial partner who cares. That's why we support and work alongside those who are making our communities better places to live.

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Arvest Bank has been built on the idea of supporting the communities in which we operate. One way we do this is by providing support for the organizations and activities that make communities successful, unique and livable.

This is why we support local food pantries through our annual Million Meals campaign, local teachers through our We Love Teachers campaign, and local events like the Big Dam Bridge 100.

We have witnessed firsthand the positive economic and quality of life impact from Central Arkansas' bicycle trail system, which is anchored by the Big Dam Bridge. As a result, we consider supporting the Big Dam Bridge Foundation and area cyclists as the presenting sponsor of the Big Dam Bridge 100 to be an honor.

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